

Case report

EVIDENCE OF THE FIRST CLINICAL CASE OF EQUINE NEUROINVASIVE WEST NILE DISEASE IN SERBIA, 2018

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During July 2018, the first clinical case of neurological West Nile virus (WNV) infection was reported in a Belgian sports mare in Belgrade, Serbia. Typical symptoms, such as hypersensitive skin reaction, disorientation, weakness, ataxia and the loss of equilibrium were reported. Detection of WNV IgM antibodies by commercial ELISA in the serum samples of the diseased mare strongly indicated acute infection. The ELISA positive results were confirmed by VNT. Hematological and biochemical parameters were in the reference range. The only finding was a minor lymphopenia. WNV RNA was not detected by RT-qPCR in the blood sample extracted seven days after the disease had broken out. The horse improved clinically in two weeks while other horses at the same premises remained asymptomatic. The clinical, serological, biochemical and molecular analyses applied confirmed the first clinical case of neuroinvasive WNV infection in horses in Serbia. The West Nile virus has been circulating in Serbia in the last decade in mosquitoes, birds, and horses, but no evidence of equine WNV clinical cases were registered so far.

Key words: West Nile virus, neuroinvasive disease, horses, Serbia

INTRODUCTION

West Nile virus (WNV), the causative agent of West Nile fever, is one of the most spread mosquito-borne viruses, belonging to the family *Flaviviridae*, genus *Flavivirus*. Its enzootic transmission cycle is maintained in nature between mosquitoes and birds, while humans and horses can be only dead-end hosts. Horses and humans can be infected by a mosquito bite, primarily from the genus *Culex*. In horses, WNV infection is in most cases unapparent, and only 10 % of infected animals show clinical signs of neurological disorder with up to 50% of lethality rate [1].

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The occurrence of WNV disease was for a long time limited to Sub-Saharan Africa with only sporadic outbreaks elsewhere. But, the situation dramatically changed in the 1990s, when the epidemiology of WNV infection appeared to be more severe, with human fatalities and cases of equine encephalitis. Starting in 2010, an elevated number of large epizootics in horses was recorded in Hungary, Italy, Spain, Greece, Romania, Portugal, etc. [2].

In this paper are presented the clinical, serological, biochemical and molecular analyses applied to confirm the first reported clinical case of neuroinvasive WNV infection in horses in Serbia.

CASE PRESENTATION

During midsummer 2018, a 7-year-old mare, with a suspect case of neurological disorder was reported to a local veterinary practitioner. The Belgian sport mare spent three months on pasture in Horgoš (Vojvodina Province), in the northern part of Serbia, accompanied by a gelding from the same stable. Both horses returned from Horgoš to Belgrade on July 3rd, and the first symptoms of clinical manifestation of encephalitis in the mare started on July 15th (Figure 1). The suspicion of WNV infection was established immediately, in accordance to OIE (World Organisation for Animal Health) guidance [3]. The complete physical examination, vaccination status, history of traveling, localization of the grazing area, data of previous medical treatment and clinical course of the disease were undertaken.

The diseased mare exhibited muscle twitching and hypersensitivity, first in the region of the back, and later on the neck, head and limb regions. The mare had an inconstant fever (38.5-39.0), normal inspiration (40/min) and normal heart rate (15-20/min). On the fifth day after the first symptoms appeared, lameness of the left rear limb has been noticed. Disorientation, weakness, ataxia and the loss of equilibrium started to develop gradually from the fifth day on. The first signs of somnolence started on the sixth day of the onset of symptoms and they developed during the next two days with head pressing and paralysis of the lower lip. Dysphagia and dysuria have started in the evening of the sixth day, and they have lasted for the next three days. The mare received supportive therapy, compiled of antibiotic *Penstrep 1600000 IJ*, *Dexason* (0,05 mg/kg i.v), *Flunixin* (1,0 mg/kg i.m.) and *Ringer solution* (10 L/day). The first signs of health improvement were noticed on the morning of the eighth day when urinary function recovered followed by appetite normalization in the evening. During the next two days, the mare still showed hypersensitivity to light, and the symptoms of ataxia disappeared gradually. On the tenth and eleventh day no neurological signs have been detected during the clinical examination and the recovery process started. The horse improved clinically in two weeks. No other horses at the same premises, including the gelding that was on pasture together with the infected mare, did show any signs of neurological disorders. The mare was not vaccinated against WNV.

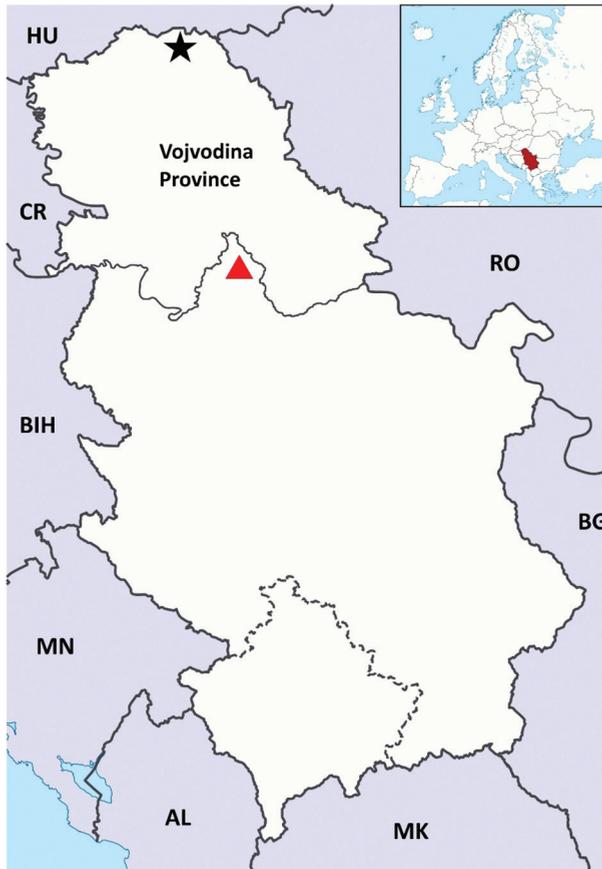


Figure 1. Localization of the study area– Map of Serbia (★ – Horgoš, grazing area of the horses; ▲ – the City of Belgrade, the location where the first WNV clinical case was diagnosed)

Laboratory examination

a) Sampling

The blood samples from the diseased mare were collected twice. First sampling was conducted one week after the onset of clinical symptoms and the second sampling was carried out three weeks later, to assess the seroconversion rate. In both occasions, blood samples were collected in two tubes, in a plain serum tube for serological analyzes and in a tube with EDTA for biochemical and molecular testing. Additionally, blood samples from 7 apparently asymptomatic horses that shared the same stall with the infected mare in Belgrade (including the gelding that also was in Horgoš on pasture) were subjected to serological examination.

b) Hematological and biochemical testing

The complete blood count (CBC) analysis has been performed on hematology analyzer ADVIA® 120, Siemens, USA. The clinical chemistry profile was carried out on the Olympus AU400 system.

c) Serological tests

Sera samples from the infected mare were tested for the presence of WNV IgM antibodies by a commercial capture ELISA (INGEZIM West Nile IgM, *Ingenasa, Spain*), according to manufacturer's instruction. For the confirmation of the obtained ELISA results and to exclude cross-reactivity with other *Flaviviruses*, the virus neutralization test (VNT) was applied. A VN titer higher or equal to 1:10 was considered positive. For VNT, VERO cells (ATCC CCL-81) and WNV isolate SRB-Novı Sad/12 (NCBI GenBank No: KC407673) were used, following the prescribed procedure by OIE Manual [6]. Furthermore, blood samples from 7 other healthy horses were also tested on the presence of anti-WNV IgM antibodies with the aforementioned commercial ELISA.

d) Molecular detection of WNV RNA

Detection of WNV RNA was carried out in the first sampled blood specimen with EDTA and tested by one-step real-time reverse transcription-polymerase chain reaction (RT-qPCR), with primers and probe previously described by Linke et al. [4]. Briefly, RNA was extracted with TRI reagent Solution (Invitrogen, Thermo Fisher Scientific), and one step RT-qPCR was conducted using the commercial kit RNA UltraSense™ One-Step qRT-PCR System (Applied Biosystems™, Thermo Fisher Scientific), following manufacturer's instruction.

In both sera samples from the suspicious mare anti-WNV, IgM antibodies were detected by ELISA and confirmed positive by VNT. The established neutralizing antibody titer differs in one 2-fold dilution in the first and second sera specimens (1:160 vs. 1:80), respectively. Positive WNV IgM finding was confirmed at the National Referent Laboratory for WNV infection (Veterinary Specialized Institute "Kraljevo") in Kraljevo, by the commercial antibody capture ELISA (ID Screen West Nile IgM capture, *ID.Vet, France*).

Hematological and biochemical parameters were in the reference range. The only finding was a minor lymphopenia, most likely due to the dexamethasone therapy. WNV RNA was not detected in EDTA blood sample by RT-qPCR. Sera samples from 7 cohabitating horses reacted negatively in ELISA.

This is the first report of the clinical case of neuroinvasive WN disease described in horses in Serbia. Differential diagnosis excluded EHV-1, rabies, and USUV. Typical neurological signs of the disease found in the infected mare were compatible with already documented reports of WNV outbreaks among horses in Canada, Portugal, Spain, Greece, and many other countries [5-8]. Detection of WNV IgM antibodies

by capture ELISA in both sera samples of the diseased mare strongly indicated an acute course of infection, which is in accordance to literature data that IgM antibodies appear between the 7th and 10th day post-infection [3]. The ELISA positive results were confirmed by VNT, which is the “OIE gold standard” for serological WNV examinations [3]. The obtained negative RT-qPCR result in our analysis was expected because viremia in horses lasts only 4-6 days and disappears with the onset of clinical symptoms [9]. No significant differences were detected in the biochemical parameters and CBC, which was the finding reported also by other authors [5].

West Nile virus has been circulating in our region for at least a decade, and after the alarming reports of re-emergence of WNV disease in Europe, our research group conducted the first serological investigation of WNV in horses in Serbia. The presence of WNV antibodies was detected by ELISA and plaque reduction neutralization test (PRNT) in 12% (46/349) and 28.6% (72/252) blood sera of Serbian horses sampled during 2009/2010 and 2011, respectively [10,11]. In another study, WNV antibodies were present in 3.97% horses, 0.93% dogs, 0.31% poultry and 1.36% man out of 3618 tested sera samples [12]. Furthermore, our studies show that WNV also circulates in Serbia among mosquitoes and wild birds [13,14]. Human WNV clinical outbreaks are recorded each year in Serbia, starting in 2012, when the first human epidemic case was reported [15]. National WNV surveillance programme funded by Veterinary Directorate started in 2014 and was successful in detection of the WNV presence in sentinel animals, wild birds and mosquitoes before human outbreaks in each season [16]. There is no available vaccine for the prevention of WNV infection in horses in Serbia and horses are not vaccinated. West Nile virus infection is on the list of diseases that are obliged to be notified to veterinary authorities in Serbia.

It is not surprising that this summer Serbia was faced for the first time with the clinical case of equine West Nile fever. The transmission season started earlier this year due to an extremely hot spring and lots of rainy days during the summer that were suitable for mosquito's activity [17]. European Center for Disease Prevention and Control announced 276 outbreaks among equids in EU Member states till 8th November 2018. Reports on the number of human cases in Europe were also alarming, including Serbia, where already 385 confirmed WNV human cases and 35 deaths were reported during this year, with the highest number of cases in Belgrade area [18].

It was hard to presume if the mare got infected on pasture in Horgoš or at the stable in Belgrade because it's known that the incubation period lasts from 3 to 15 days [3]. The mare returned from grazing on 3rd July while the first clinical signs appeared twelve days later. Both locations, Horgoš and especially Belgrade area, are highly affected with WNV [18]. Entomological results revealed that most of the WNV positive mosquito pools were found in the Vojvodina Province and in the City of Belgrade, indicating that the virus circulates in this area intensively [16,19].

This is the first clinical case of WNV infection in horses, reported during July 2018 in Serbia. According to the previously conducted studies and national surveillance data,

WNV has already been circulating in Serbia in the last decade in mosquitoes, birds, and horses but no evidence of equine encephalitis caused by WNV was registered so far. It is necessary to improve the collaboration between veterinary practitioners and veterinary institutes and to raise awareness among horse owners regarding the reporting of the cases of this serious zoonotic disease.

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Authors' contributions

MS conducted hematological and biochemical examinations, participated in writing and performed sampling; LS performed virus neutralization test and revised critically the manuscript; PT performed molecular testing and contributed to the drafting of manuscript; PD was involved in data collection and commented on the manuscript; SM carried out ELISA and participated in writing; LG analyzed the results and data; LD made contribution to design, was involved in writing and gave the final approval of the version to be published.

Declaration of conflicting interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Statement of Informed Consent

The owner understood procedure and agrees that results related to investigation or treatment of their companion animals could be published in this journal.

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DOKAZ PRVOG KLINIČKOG SLUČAJA NEUROINVAZIVNOG OBLIKA GROZNICE ZAPADNOG NILA KOD KONJA U SRBIJI, 2018

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Tokom jula 2018. godine, prvi klinički slučaj neurološkog poremećaja izazvanog virusom Zapadnog Nila (VZN) prijavljen je kod kobile rase Belgijski sportski konj u Beogradu, u Srbiji. Prijavljeni su tipični simptomi, kao što su: preosetljivost kože, dezorientacija, slabost, ataksija i gubitak ravnoteže. Detekcija VZNIgM antitela komercijalnom ELISA tehnikom u uzorcima seruma obolele kobile izrazito je ukazivala na prisustvo akutne infekcije. Pozitivni rezultati u ELISA testu su potvrđeni VN testom. Hematološki i biohemijski parametri bili su u obimu referentnih vrednosti. Jedini nalaz bila je blaga limfopenija. U uzorku krvi, uzorkovanoj nedelju dana posle pojave prvih simptoma bolesti, nije detektovana VZN RNK pomoću RT-qPCR. Kliničko poboljšanje zdravstvenog stanja konja je nastalo za dve nedelje dok drugi konji u istim prostorijama nisu pokazivali simptome bolesti. Prikazane su kliničke, serološke, biohemijske i molekularne analize koje su korišćene za potvrđivanje prvog kliničkog slučaja neuroin vazivnog oblika virusa Zapadnog Nila kod konja u Srbiji. Virus Zapadnog Nila cirkuliše u Srbiji u poslednjoj deceniji kod komaraca, ptica i konja, ali do sada nije zabeležen ni jedan klinički slučaj infekcije izazvane VZN kod konja.